

# THE 30<sup>th</sup> ANNUAL JKA MONTREAL KARATE TOURNAMENT

## Event date and location:

- Saturday, March 17, 2018 in the Côte-des-Neiges Sports Center gymnasium
- 4880 Avenue Van Horne (Métro Plamondon, Buses 124, 161)

## Tournament schedule:

Friday, March 16:

8:30 PM Court preparation and setup

Saturday, March 17:

8:30 AM Competitor check-in starts for white to green belts. Balcony opens for spectators. Bake sale starts.

9:15 AM Judges conference

10:00 AM Tournament starts for white to green belts (9–6 Kyu)

11:00 AM Tournament starts for blue to brown belts (5–1 Kyu)

12:00 PM End of black belts check-in (bring JKA passports for stamps)

TBA Lunch break

After the break Tournament continues for brown and black belts (3–1 Kyu & Dan)

4:00 PM Finish and clean up, then dinner options and party

## \* FEBRUARY 18: DEADLINE FOR INDIVIDUALS AND TEAM MEMBERS

## Events description:

1. Kata: A sequence of movements students are learning in class (Taikyoku 1, Heian 1–5, Tekki, etc.)
2. Kumite: Partner work, includes combinations that students are practicing in class (5-step, 3-step, 1-step, Semifree)  
Adult brown and black belts: Jiyu kumite (brown belt eliminations), 2-minute Shobu Ippon match (all others)
3. Team kata: A 3 student team performing synchronized kata (multi-age)  
Note: Only some competitors will be prepared for team katas. The three names on each team must be given before the February 18 deadline. If you do not have a team but are available for substitution, please let us know.

Fee: \$30 (Age 8–17) or \$40 (Age 18 or older) for 1, 2 or 3 events

Fee must be paid before February 18, 2017

Competitors: The competitors will be divided into three or more age categories for individual kata and kumite: 8–11 years, 12–17 years, adults 18 years and up.

There will be rank divisions (advanced white belts, yellow belts, orange, green, blue, purple, brown and black).

A clean white uniform will be required for the competition day. Competitors should bring a snack, sweatshirt, socks and a water bottle. No glasses. No jewelry. Flat white hand protectors and mouth guard are required for all competitors doing Shobu Ippon kumite. Quiet in the gym please. No flash or video light in competitors' eyes please.

Parents: Volunteers for child supervision in the corridors, changing rooms and the balcony. French, Spanish, Tamil and Tagalog translators needed for check-in counter, welcoming, directions and in the balcony.

Bake sale: Please bring \$3 per child to spend at the bake sale. This is a fundraising bake sale. Thank you for your support.

Spectators: Tickets are sold for \$5 at the door.

Competitor's last name: \_\_\_\_\_ First name: \_\_\_\_\_

Gender: M  F  Rank (color): \_\_\_\_\_ Dojo: \_\_\_\_\_

Age (as of March 17, 2018): \_\_\_\_\_ Registration Fee (\$30/40): \_\_\_\_\_ Volunteer: Yes  No

Team kata  Other members: 1: \_\_\_\_\_ 2: \_\_\_\_\_ Available for substitution:

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

**PLEASE** write this information on an envelope with the exact change inside and **RETURN IT TO YOUR SENSEI BEFORE** February 18, 2018 – 7 days before the February 25 deadline for your dojo instructor.