

# THE 28th Montreal JKA KARATE TOURNAMENT

**Events:**

- Sat March 19, 2016      28th Montreal JKA Karate **Competition** at NDG Sports Center Gym
- 6445 Monkland(&Cavendish) Bus 103,

	8am	court preparation &set-up
Saturday schedule	08:30 – 09:30am	competitor check-in; white ,yellow, orange belts
	9:15	judges conference
	10:00	competition for white,yellow,orange belts 9-7kyu
	11:00 am	green & blue check-in deadline,
	12:00pm	brown & black belts checkin deadline (Dan)
	TBA	judges lunch break
	04:00pm	finish and clean up

**\*FEB 19th DEADLINE FOR INDIVIDUAL & TEAM MEMBERS**

**Categories:**

1. KATA - a sequence of movements that students are learning in class;
2. KUMITE - partner work; includes combinations that they have practiced in class;
3. TEAM KATA - a 3-student team performing synchronized kata. (multi-age)

**Fee:**

- 8 – 17 years \$30      >18 years \$40      **Fee Deadline for Dojos:**      before Feb 27, 2016

**Competitors:**

Clean white uniforms will be required for the competition day. The competitors will be divided into three or more categories for individual events of kata and kumite:

8 - 11 years, 12 – 17, adults 18 & up

There will be rank divisions (advanced white belts, yellow belts, orange belts, green, blue, purple, brown, black).

Competitors should bring a snack, lunch, sweatshirts, socks and a water bottle. \$2 for the snack bar, \$2 bakesale.

**Parents:**

car pools and child supervision.

**Bakesale :**

Please bring money to spend and items to buy.

**Spectators:**

**tickets are sold for \$5 at the door.**

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**Competitor's Name** (as it should appear in the program)\_\_\_\_\_

**Sex**\_\_\_\_\_ **Rank**\_\_\_\_\_ **Club**\_\_\_\_\_

**Age** (as of March 19,2016)\_\_\_\_\_ **Registration Fee** ( \$30/\$40)\_\_\_\_\_

**Phone Number** (day)\_\_\_\_\_ (evening)\_\_\_\_\_

**PLEASE write this information on an envelope with the exact change inside , AND RETURN IT TO YOUR SENSEI by Feb 19, 2016 - 7 days earlier than the Feb 27, 2016 deadline for dojo instructors.**